Professor Jane Carr's Opening Speech for AWMAI 2019 Conference FEB 21

"Good morning Women Martial Artists from near and far! What an honor it is to be here with women who are positive in their beliefs and have power in their actions.

We have many different styles among us, but I believe we have goals and commonalities that are very much alike.

- =Dedication to our Ryu (Style).
- =Dedication to our Students.
- =Always working to improve our techniques in their implementation but keeping their history.
- =A life-long study and growth of martial arts and their dynamics.
- =Striving for strong morals who through leadership, pass those morals and ideals onto our students.

Winston Churchill said: "Attitude is a little thing that makes a big difference".

Each of you can change and improve the lives of so many people giving them the strong leadership skills and desire to succeed in whatever they chose to excel in. What **joy** it gives us when a student from the past bows into the dojo to say "Hello". Letting us know how martial arts training helped to shape their successes and decisions they made.

Methods are many, principles are few. Methods may change, principles don't!

By example you instill:

Caring,

Courtesy,

Confidence,

Consideration,

Humbleness,

Honesty,

Honor,

Responsibility,

Reliability,

Respectability.

All of the above go a long way towards a successful future.

Martial arts and our teachers have given each of us so much! We need to give back.

You are now the Teachers and Leaders.

As we get a little older

Aging is not lost on youth.

It is yet another stage for growth and development.

Now, let's all have a blast enjoying one another and our martial arts!