



Association of Women Martial Arts Instructors
P.O. Box 6284 Norfolk, VA. 23508
www.awmai.org

Application for Rank Promotion

AWMAI may grant Rank Promotion to 2nd or 3rd degree black belt only, in the broad martial arts categories of aikido, Filipino weaponry, judo, jujutsu, karate, kung fu, and tae kwon do. Rank promotion will be granted to qualified women martial artists who do not currently have a teacher to promote them, based on fulfillment and approval of the following:

- 1) Submit to the Promotions Board for evaluation:
 - a) A letter stating contributions to the martial arts world and reasons Rank/Promotion should be awarded
 - b) A 3-part Resume detailing Training, Teaching and Rank history, including names of where the applicant has trained; with which teachers and length of time with each instructor; and by whom she was promoted. Community service work may be included if applicable.
 - c) List of all training done since previous Rank/Promotion was awarded
 - d) Copies of all Black Belt/Equivalent Level certificates earned to date
 - e) Completed checklist of requirements from her system that are used to determine the applicant's rank for which she is applying
 - f) A videotape consisting of a 15-minute demonstration of technique and a 15-minute demonstration of teaching
 - g) Three letters of reference from within her martial arts circle (suggested: from a student, a peer, and a teacher)
 - h) A 2-5 page thesis discussing a topic related to the applicant's martial art – practice, theory, and/or teaching
 - i) Non-refundable Rank/Level Promotion Application Fee of \$250 for 2nd degree and \$350 for 3rd degree

Applicants must also meet the following requirements:

- 1) Attend a minimum of one annual AWMAI Conference prior to applying.
- 2) Be a member in good standing for at least one year prior to promotion.
- 3) All applications must be completed in full and submitted by July 1st, at least six months prior to our annual conference.
- 4) Applicants must have spent at least these specified time periods in current rank prior to applying:
 - a) 1st Degree to 2nd Degree Black Belt or Equivalent- 2 yrs or 7 total yrs
 - b) 2nd Degree to 3rd Degree Black Belt or Equivalent- 3 yrs or 10 total yrs
- 5) It is strongly suggested that applicants attend the Annual AWMAI Conference to receive their certificate and perform in the demonstration.

****Note:** The Association will award Rank Promotion only one time.

Name _____

Address _____

—

E-mail _____

Phone: h _____ w _____ fax _____

DOB ____/____/____ Martial Art _____

Yrs Training _____ Current Rank _____ Yr Awarded _____

Rank Applied For _____

Current Rank Received From Teacher/Org _____

School Name _____

School Address _____

Are you an Instructor? If yes, where and how long? _____

Check List for Promotion Review

To Applicants: Please list your system's requirements for your desired rank in each category that applies:

- ❖ Strikes
- ❖ Kicks
- ❖ Blocks
- ❖ Rolls & Falls
- ❖ Throws, Sweeps, Takedowns
- ❖ Chokes & Strangulation/Resuscitation
- ❖ Pins & Ground Controls
- ❖ Joint Locks
- ❖ Forms
- ❖ Weapons
- ❖ Self Defense
- ❖ Sparring/Randori
- ❖ Healing
- ❖ First Aid/CPR
- ❖ Other