



Association of Women Martial Arts Instructors
P.O. Box 574861 Orlando, FLA 32857
www.awmai.org

Application for Rank Promotion

AWMAI may grant Rank Promotion (to 2nd degree black belt and above) in the broad martial arts categories of aikido, Filipino weaponry, judo, jujutsu, karate, kung fu, and tae kwon do, to duly qualified women martial artists, based on fulfillment and approval of the following:

- 1) Submit to the Promotions Board for evaluation:
 - a) A letter stating contributions to the martial arts world and reasons Rank/Promotion should be awarded
 - b) A 3-part Resume detailing Training, Teaching and Rank history, including names of where the applicant has trained; with which teachers and length of time with each instructor; and by whom she was promoted
 - c) List of all training done since previous Rank/Promotion was awarded
 - d) Copies of all Black Belt/Equivalent Level certificates earned to date
 - e) A checklist of requirements from her system that have been used to determine the applicant's current rank and rank for which she is applying
 - f) A videotape consisting of a 15-minute demonstration of technique and a 15-minute demonstration of teaching
 - g) Three letters of reference from within her martial arts circle (suggested: from a student, a peer, and a teacher)
 - h) A 2-5 page thesis discussing a topic related to the applicant's martial art – practice, theory, and/or teaching
 - i) Non-refundable Rank/Level Promotion Application Fee of \$250
- 2) Have spent at least these specified time periods in current rank:
 - a) 1st Degree to 2nd Degree Black Belt or Equivalent- 2 yrs or 7 total yrs
 - b) 2nd Degree to 3rd Degree Black Belt or Equivalent- 3 yrs or 10 total yrs
 - c) 3rd Degree to 4th Degree Black Belt or Equivalent- 4 yrs or 14 total yrs
 - d) 4th Degree to 5th Degree Black Belt or Equivalent- 5 yrs or 19 total yrs

- e) 5th Degree to 6th Degree Black Belt or Equivalent- 6 yrs or 25 total yrs
 - f) 6th Degree to 7th Degree Black Belt or Equivalent- 7 yrs or 32 total yrs
- 3) Attend the Annual AWMAI Conference and perform a demonstration. Applicants for third degree/equivalent and above are required to teach a class at the conference. Rank will be awarded at the annual AWMAI Conference certification ceremony.
 - 4) Describe some form of community service work in applicant's resume, if applicable.
 - 5) An applicant may propose to the Board additional or alternative Rank/Level requirements or designations which she deems relevant.

Name _____

Address _____

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E-mail) _____

Phone: h) _____ w _____ fax _____

DOB ___ / ___ / ___ Martial Art _____

Yrs Training _____ Current Rank _____ Yr Awarded _____

Rank Applied For _____

Current Rank Received From Teacher/Org _____

School Name _____

School Address _____

Are you an Instructor? If yes, where and how long? _____

You must be a dues-paid member of AWMAI. All Applications must be received no later than 120 days prior to the annual AWMAI Instructors Conference.

Check List for Promotion Review

To Applicants: Please list your system's requirements for your current rank in each category that applies:

- Strikes
- Kicks
- Blocks
- Rolls & Falls
- Throws, Sweeps, Takedowns
- Chokes & Strangulation/Resuscitation
- Pins & Ground Controls
- Joint Locks
- Forms
- Weapons
- Self Defense
- Sparring/Randori
- Healing
- First Aid/CPR
- Other